

## “Field visit: Ayurvedic Pharmacy Store.”

Shri Mahavir College of Pharmacy organised a field visit to Soham ayurvedic Pharmacy Store in Nashik on 11<sup>th</sup> March 2024 for D pharmacy students aiming to provide them the insights into ayurvedic dosage forms and the ayurvedic health care system.

During the visit, student’s got the opportunity to learn about various ayurvedic dosage forms such as in Churna (powder), Vati (tablet), Kwath (decoction) and Taila (oil) among others.

They observed firsthand how these forms are prepared and dispensed in ayurvedic pharmacies. Additionally students received information about the principles and practice of the ayurvedic system including the concept of Doshas (body type) the importance of herbal remedies and the holistic approach to healthcare.

The visit enabled students to appreciate the traditional wisdom and therapeutic practices of Ayurveda contributing to their broaden understanding of pharmaceutical sciences.

Overall it was an educational and enriching experience that deepened student’s knowledge of ayurvedic medicine and its significance in healthcare.



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